### FILLED - WITH HOPE (Luke 24:13-35)

Pastor Augie Iadicicco September 1, 2019

We live in a world that saps us and drains us at every turn. If it's not the demanding work schedule, it's the cost of living. If it's not the cut-throat competition, it's the hair-pulling traffic. And if it's not strife in the news or on social media, it's strife in our relationships. Isn't there something that can fill us up rather than wear us down? Yes there is, but it's not a something, it's a Someone. Jesus said, "I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world." (John 16:33). We find so much hope in this troubled world through the promises of our Savior Jesus. Come and find refuge in Him.

"but <u>we had hoped</u> that he was the one who was going to redeem Israel. And what is more, it is the third day since all this took place." – Luke 24:21

#### Be FILLED with ...

#### 1. Hope because

Luke 24:13-24, Matthew 11:28

*He asked them, "<u>What are you discussing</u> together as you walk along?"* – Luke 24:17

"What things?" he asked. - Luke 24:19

#### 2. Hope through the \_\_\_\_

Luke 24:25-27, Matthew 11:29

And beginning with Moses and all the Prophets, <u>he explained to them</u> what was said in all the Scriptures concerning himself. – Luke 24:27

*"Take my yoke upon you and <u>learn from me</u>, for I am gentle and humble in heart, and you will find rest for your souls." -* Matthew 11:29

#### 3. Hope because \_\_\_\_\_\_.

Luke 24:28-35

When <u>he was at the table with them</u>, he took bread, gave thanks, broke it and began to give it to them. Then their eyes were opened and they recognized him ... – Luke 24:30-31a

#### Questions for individual or group reflection:

Would you rather talk or listen?

Why is it so important to be heard ... and understood?

Do you believe that Jesus listens? (see Jeremiah 33:3 & Isaiah 65:24)

Why do you think Jesus listens to the

disciples who were walking on the road to Emmaus (Luke 24:13-35)? How do we find hope through the teachings of Jesus? What is the most hope-filled promise of Jesus for you? Do you allow yourself to be taught by Jesus? What might Jesus be teaching you right now? How does the presence of Jesus bring hope? How is Jesus present with you now? What are you bolder to do because Jesus is present with you? How do you experience the presence of Jesus at church? Is the presence of Jesus in the Sacrament of the Altar (Holy Communion) different or special in any way?

<u>Pray:</u> Lord Jesus, we look to the empty tomb and we know that you are alive ... and will live for all eternity. We thank and praise you that you're always there to listen to us when we call to you. Thank you that you let us pour our hearts out to you, and you hear whatever is on our heart and mind. Thank you that through your Word you teach us – and that through it we know your presence with us. Thank you that you come to us in your Word and Sacrament and also through other believers – the Body of Christ. Through your presence may you fill us with Hope. In Your Name we pray. Amen!

#### <u>Do:</u>

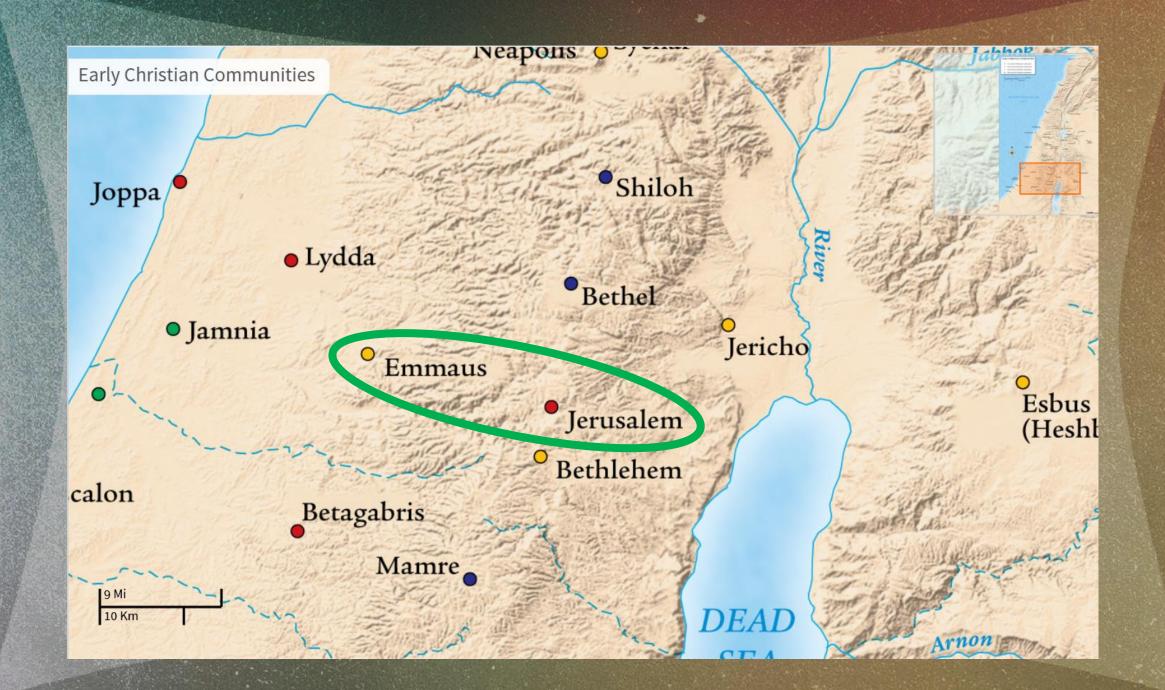
- Receive God's complete forgiveness for any and all of your sins. Confess. Repent. Believe and Receive!
- Live as though the power of the Resurrection is available to you.
- Live with hope bringing your cares to Jesus, hearing the Word of Jesus, and being filled with the presence of Jesus in your life!

*Memory Verse: "I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world." – John 16:33* 



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### 1. Hope because <u>Jesus</u> listens.

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"being listened to is the psychological equivalent of air. It is the deepest hunger of the human heart." – Steven Covey

## He asked them, "What are you discussing together as you walk along?" – Luke 24:17

## "What things?" he asked. – Luke 24:19

"Come to me, all you who are weary and burdened, and I will give you rest." – Matthew 11:28

Hope because Jesus listens.
Hope through the <u>teaching of Jesus</u>.

He said to them, "How foolish you are, and how slow to believe all that the prophets have spoken!" – Luke 24:25 And beginning with Moses and all the Prophets, <u>he explained to them</u> what was said in all the Scriptures concerning himself. – Luke 24:27 *"Were not our hearts burning within us while he talked with us on the road and opened the Scriptures to us?" – Luke 24:32* 

"Take my yoke upon you and <u>learn from me</u>, for I am gentle and humble in heart, and you will find rest for your souls." - Matthew 11:29 Image of men lowing the paralyzed man down to Jesus

"Take my yoke upon you and <u>learn from me</u>, for I am gentle and humble in heart, and you will find rest for your souls." - Matthew 11:29

Hope because Jesus listens.
Hope through the <u>teaching of Jesus</u>.
Hope because Jesus is present.

When <u>he was at the table with them</u>, he took bread, gave thanks, broke it and began to give it to them. Then their eyes were opened and they recognized him ... – Luke 24:30-31a