

WILLPOWER – LUST (2 Samuel 11:1-4)

October 20, 2019

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There is no mistaking it: we are a culture that is confused about sex. But before we point our fingers out the sexual confusion “out there” in the world, we must take an honest look at the sexual temptation “in here” – in our hearts. God’s boundaries for human sexuality are not meant to be restricting, but loving. They allow us to model God’s love in our relationships.

We often avoid this topic because it’s ...

1. **Embarrassing**
2. **Personal and Private**
3. **Powerful**

In the spring when kings march out to war, David sent Joab with his officers and all Israel. They destroyed the Ammonites and besieged Rabbah, but David remained in Jerusalem. One evening David got up from his bed and strolled around on the roof of the palace. From the roof he saw a woman bathing—a very beautiful woman. – 2 Samuel 11:1-2

God made the attraction between men and women very good.

Genesis 1:31, James 1:14-15, 2 Samuel 11:3-4

Guarding Against Lust ...

1. **Get some _____!**

Ecclesiastes 4:12

2. **Don’t think it _____ to you..**

So, whoever thinks he stands must be careful not to fall. – 1 Corinthians 10:12

3. **Create _____.**

1 Corinthians 6:18, Titus 2:12

4. **Pour yourself into your _____.**

1 Corinthians 7:3-5

5. **_____.**

Psalms 73:25-26, John 10:10

“The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.” – John 10:10

Questions for individual or group reflection:

Are you comfortable talking about sexuality in a Biblical context?

Would you agree that lust is powerful?

How do you think David’s power and success fed his lust? (See 2 Samuel 11:1-4)

Who is the author of sexuality?

Is sex within the marital context lustful?

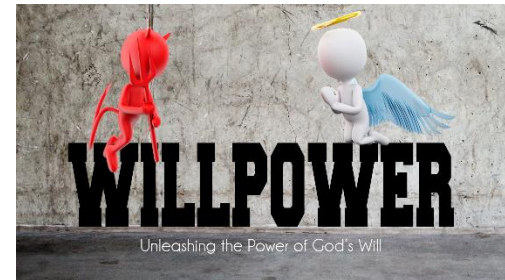
Do you have an accountability partner or group?

How does accountability, humility and wisdom guard against lust?

Why have boundaries in this area of sexuality?

What do you do if your willpower fails you in regards to lust?

How can turning to Christ give you strength in times of temptation?



Pray: Heavenly Father, Thank you for your goodness, mercy and love. And thank you that you have called us to be your children. Help us in our temptations to find our strength in you. Show us that when we try to resist sin in our own power, we are not as strong as when we allow you to guide and direct us by your Holy Spirit. Instead Lord, we invite you into our struggles – particularly those of lust. Remind us that you created sexuality to be a blessing between husband and wife and help us to create boundaries that preserve and protect that relationship. Send trusted friends to us who can speak into our lives words of rebuke and correction when necessary, but also who can be strong sources of encouragement as we share each other’s struggles and burdens. May we not be dominated by lust in any area of our lives but surrender to your will for us. Forgive us when we fail and strengthen us in Christ to be guided by your Holy Spirit in us. In Jesus’ Name, Amen.

Do:

- Learn more about God’s design for sexuality.
- Get boundaries and accountability setup to help you resist sexual temptation.
- Ask God for the strength to follow His will each day.

Memory Verse: “but each person is tempted when they are dragged away by their own evil desire and enticed.” – James 1:14

This message uses materials from Rev. Bill Tucker & The Preaching Project



WILLPOWER

Unleashing the Power of God's Will

¹⁸ I know that nothing good lives in me, that is, in my sinful nature. I want to do what is right, but I can't. ¹⁹ I want to do what is good, but I don't. I don't want to do what is wrong, but I do it anyway.

ROMANS 7:18-19

²⁴ Oh, what a miserable person I am! Who will free me from this life that is dominated by sin and death? ²⁵ Thank God! The answer is in Jesus Christ our Lord.

ROMANS 7:24-25

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In the spring when kings march out to war,
David sent Joab with his officers and all Israel.
They destroyed the Ammonites and besieged
Rabbah, but David remained in Jerusalem.

2 SAMUEL 11:1

One evening David got up from his bed and strolled around on the roof of the palace. From the roof he saw a woman bathing—a very beautiful woman.

2 SAMUEL 11:2

God saw all that he had made, and it was
very good.

GENESIS 1:31

**God made the attraction between men and
women very good.**

¹⁴ but each person is tempted when they are dragged away by their own evil desire and enticed. ¹⁵ Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.

JAMES 1:14-15

and David sent someone to find out about her.
The man said, “She is Bathsheba, the daughter
of Eliam and the wife of Uriah the Hittite.”

2 SAMUEL 11:3

Then David sent messengers to get her. She came to him, and he slept with her.

2 SAMUEL 11:4

Guarding Against Lust...

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1. Get some accountability!

Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken.

ECCLIESIASTES 4:12

Guarding Against Lust...

1. Get some accountability!
2. Don't think it can't happen to you.

So, whoever thinks he stands must
be careful not to fall.

1 CORINTHIANS 10:12

Guarding Against Lust...

1. Get some accountability!
2. Don't think it can't happen to you.
3. Create good guardrails.





Flee from sexual immorality. All other sins a person commits are outside the body, but whoever sins sexually, sins against their own body.

1 CORINTHIANS 6:18

Guarding Against Lust...

1. Get some accountability!
2. Don't think it can't happen to you.
3. Create good guardrails.
4. Pour yourself into your marriage and family.

³ The husband should fulfill his marital duty to his wife, and likewise the wife to her husband. ⁴ The wife does not have authority over her own body but yields it to her husband. In the same way, the husband does not have authority over his own body but yields it to his wife.

1 CORINTHIANS 7:3-5

⁵ Do not deprive each other except perhaps by mutual consent and for a time, so that you may devote yourselves to prayer. Then come together again so that Satan will not tempt you because of your lack of self-control.

1 CORINTHIANS 7:3-5

Guarding Against Lust...

1. Get some accountability!
2. Don't think it can't happen to you.
3. Create good guardrails.
4. Pour yourself into your marriage and family.
5. Turn to Christ.

Who do I have in heaven but You? And I desire
nothing on earth but You.

PSALM 73:25

My flesh and my heart may fail,
but God is the strength of my heart
my portion forever.

PSALM 73:26



The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.

JOHN 10:10