

SOULkeeping

A thin, wavy line graphic that spans the width of the word "SOULkeeping", positioned below the text.

What Is The Soul?



**FOR
MOVING & STORAGE**

STORAGE BOXES
HEAVY DUTY • LETTER • LEGAL SIZE

RIDGID
AIR

**“What good is it for someone
to gain the whole world,
yet forfeit their soul?”**

Mark 8:36

These are the records of the heavens and the earth, concerning their creation. At the time that the LORD God made the earth and the heavens, no shrub of the field had yet grown on the land, and no plant of the field had yet sprouted, for the LORD God had not made it rain on the land, and there was no man to work the ground. But mist would come up from the earth and water all the ground.

Genesis 2:4-6

Then the LORD God formed the man out of the dust from the ground and breathed the breath of life into his nostrils, and the man became a living being.

Genesis 2:7

“living being” – nephesh – “soul”

SOUL:

The sum total of who you are



**I wait for the LORD, my whole
being waits, and in His word I put
my hope.**

Psalm 130:5

How to Keep Your Soul

Don't Dis-Integrate



**Love the LORD your God with all
your heart, with all your soul, and
with all your strength.**

Deuteronomy 6:5

How to Keep Your Soul

**Don't Dis-Integrate
Allow Accountability**

“It is not good for the man to be alone. I will make a helper corresponding to him.” So the LORD God caused a deep sleep to come over the man, and he slept. God took one of his ribs and closed the flesh at that place. Then the LORD God made the rib he had taken from the man into a woman and brought her to the man.

Genesis 2:18, 21-22

How to Keep Your Soul

**Don't Dis-Integrate
Allow Accountability
Focus on Faith**

**The law of the LORD is perfect,
refreshing the soul.**

Psalm 19:7

“Do not be afraid of those who kill the body but cannot kill the soul. Rather, be afraid of the One who can destroy both soul and body in hell.”

Matthew 10:28

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