

CONNECTING WITH GOD
THE LORD'S PRAYER

**Part 4: "The Prayer of
Cleansing"**

August 15, 2021

Pastor Augie Iadicicco



Notes:

"Forgive us our trespasses."

Forgiveness is the greatest tool that God has given mankind for our life together in community with one another and it was modeled to us best in our Lord Jesus' work on the cross. Through it we are able to have a fresh start and a clear conscience – both with God and with our fellow humans.

"And forgive us our debts ."
– Matthew 6:12a (NIV)

"Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles.

And let us run with perseverance the race marked out for us,"
– Hebrews 12:1

"If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness." - 1 John 1:9

My Next Step(s):

- I will be honest with God in the quiet of my heart.
- I will review (*and record*) the sins that weigh heavily on me.
- I will demonstrate my repentance by changing my behavior.
- I will make restitution to someone I have wronged.
- I will receive God's complete and undeserved forgiveness for *ALL* my sins.

Memory Verse: "Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us" – Hebrews 12:1

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Connecting
WITH GOD

THE LORD'S PRAYER

The Prayer of Cleansing



Let us throw off everything that hinders
and the sin that so easily entangles us,
and run with perseverance the race
marked out for us.

Hebrews 12:1-2

Let us throw off everything that hinders
and the sin that so easily entangles us,
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marked out for us.

Hebrews 12:1-2

**Our Father who art in heaven,
Hallowed be thy Name.
Thy kingdom come.
Thy will be done,
On earth as it is in heaven.
Give us this day our daily bread.**

**And forgive us our trespasses,
As we forgive those who trespass against us.
And lead us not into temptation,
But deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever.**

Amen.



And forgive us our debts

Matthew 6:12, NIV

PREPARE TO RECEIVE FORGIVENESS & CLEANSING



PREPARE TO RECEIVE FORGIVENESS & CLEANSING

**REVIEW EVERY AREA
OF MY LIFE**



Let us test and examine our ways

Lamentations 3:40a, ESV

Search me, God, and know my heart;
test me and know my anxious thoughts.
See if there is any offensive way in me,
and lead me in the way everlasting.

Psalms 139:23-25

PREPARE TO RECEIVE FORGIVENESS & CLEANSING

REPENT OF EVERY SIN



and let us **return** to the Lord.
Let us lift up our hearts and our hands
to God in heaven, and say:
“We have sinned and rebelled...”

Lamentations 3:40b-42a

If we claim to be without sin, we **deceive**
ourselves and the truth is not in us.

1 John 1:8

**You will stop defeating yourself,
when you stop deceiving yourself.**

PREPARE TO RECEIVE FORGIVENESS & CLEANSING

MAKE IT RIGHT



“...If I have cheated anybody out of anything, I will **pay back** four times the amount.” Jesus said to him, “Today salvation has come to your house...”

Luke 19:8-9

PREPARE TO RECEIVE FORGIVENESS & CLEANSING

**RECEIVE GOD'S
FORGIVENESS**



Let us then approach God's throne of
grace **with confidence**, so that we may
receive mercy and find grace to help us in
our time of need.

Hebrews 4:16

Let us then approach God's throne of
grace **with confidence**, so that we may
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Hebrews 4:16

If we confess our sins, he is **faithful** and
just and will **forgive** us our sins and
purify us from all unrighteousness

1 John 1:9

Therefore, since we have been **justified**
through **faith**, we have **peace** with God
through our Lord Jesus Christ,

Romans 5:1

**Cleanse me with hyssop, and I will be
clean; wash me, and I will be
whiter than snow.**

Psalms 51:7

PREPARE TO RECEIVE FORGIVENESS & CLEANSING

DON'T GO IT ALONE



**“Confess your sins to each other and
pray for each other so that you may be
healed.”**

James 5:16a

You are only as sick as your secrets.

The secret in your life that you most want to conceal is the secret in your life you most desperately need to reveal.

A person's hands are clasped together and rest on an open Bible. The Bible is lying flat on a dark wooden surface. The person is wearing a light blue long-sleeved shirt. The background is a warm, golden-brown color.

PREPARE TO RECEIVE FORGIVENESS & CLEANSING

**REPEAT THESE STEPS
REGULARLY**

Forgiveness allows you not to carry into tomorrow the garbage from today.

Let us draw near to God with a sincere heart in full assurance of faith, having our hearts sprinkled to cleanse us from a guilty conscience... Let us hold unswervingly to the hope we profess, for he who promised is faithful. And let us consider how we may spur one another on toward love and good deeds. Let us not give up meeting together, as some are doing, but let us encourage one another.

Hebrews 10:22-25

Let us throw off everything that hinders
and the sin that so easily entangles us,
and run with perseverance the race
marked out for us.

Hebrews 12:1-2

Let us test and examine our ways

Lamentations 3:40a, ESV

and **let us return** to the Lord.
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**Let us then approach God's throne of
grace with confidence, so that we may
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Hebrews 10:22-25

