

CONNECTING WITH GOD
THE LORD'S PRAYER

**Part 6: "The Prayer of
Deliverance"**

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Notes:

Today we focus on the phrase from the Lord's Prayer, "***And lead us not into temptation, but deliver us from evil.***" Why do we keep making the same mistakes over and over and doing things we know are bad for us? The reality is that good intentions are never good enough. To break free from our temptations and bad patterns we need more than good intentions. Today we will learn how to break through our most common temptations and avoid the traps the evil one sets for us.

"And lead us not into temptation, but deliver us from evil"
– Matthew 6:13a (KJV)

"No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it." – 1 Corinthians 10:13 (NIV)

"Watch and pray so that you will not fall into temptation. The spirit is willing, but the body is weak." – Matthew 26:41 (NIV)

My Next Step(s):

- I will identify what makes me vulnerable (when, where, and with whom).
- I will make a plan to avoid temptation at times when I might be vulnerable.
- I will guard my heart by taking every thought captive and making it obedient to Christ (2 Corinthians 10:5).
- I will avoid allowing an outside temptation to fill an internal desire.
- I will find a fellow Christian to pray with me; "a cord of three strands..." (Ecc. 4:12)

Memory Verse: "Watch and pray so that you will not fall into temptation. The spirit is willing, but the body is weak." – Matthew 26:41

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