THE SCHEDULE THAT STOLE CHRISTMAS

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Pastor Augie Iadicicco

During the holidays, there are parties to attend and presents to buy and relatives to visit and too many things to do! The stress of the season can steal joy from the season. It is important that, rather than overscheduling ourselves, we take time for rest and, when we need it, be willing to ask for help.

¹³ The next day he went out and saw two Hebrews fighting. He asked the one in the wrong, "Why are you hitting your fellow Hebrew?" ¹⁴ The man said, "Who made you ruler and judge over us? Are you thinking of killing me as you killed the Egyptian?" Then Moses was afraid and thought, "What I did must have become known." – Exodus 2:13-14

¹³ The next day Moses took his seat to serve as judge for the people, and they stood around him from morning till evening. ¹⁴ When his father-in-law saw all that Moses was doing for the people, he said, "What is this you are doing for the people? Why do you alone sit as judge, while all these people stand around you from morning till evening?" ¹⁵ Moses answered him, "Because the people come to me to seek God's will. ¹⁶ Whenever they have a dispute, it is brought to me, and I decide between the parties and inform them of God's decrees and instructions." ¹⁷ Moses' father-in-law replied, "What you are doing is not good. ¹⁸ You and these people who come to you will only wear yourselves out. The work is too heavy for you; you cannot handle it alone. – Exodus 18:13-18

My Next Step(s):

○ I will turn my anxieties over to God.
○ I will limit what I put into my schedule.
○ I will not wear busy-ness as a badge of honor.
○ I will work smarter—not harder.
○ I will find true Sabbath rest in the green pastures of my Shepherd, Jesus.

Memory Verse: The Lord is my shepherd; I shall not want. He makes me lie down in green pastures. He leads me beside still waters. He restores my soul. - Psalm 23:1-3a (ESV)

(This message uses materials provided The Preaching Project, San Antonio, TX.)